## California and Western Medicine

Owned and Published by the

### CALIFORNIA MEDICAL ASSOCIATION

Official Organ of the California and Nevada Medical Associations FOUR FIFTY SUTTER, ROOM 2004, SAN FRANCISCO Telephone Douglas 0062

Address editorial communications to Dr. George H. Kress as per above address; advertising and business communications to the Secretary-Treasurer, Dr. Emma W. Pope, also at the above address.

#### EDITOR . . . . . . . . . . . . GEORGE H. KRESS

Advertisements.—The journal is published on the seventh of the month. Advertising copy must be received not later than the 15th of the month preceding issue. Advertising rates will be sent on request.

BUSINESS MANAGER . . . . EMMA W. POPE

Advertising Representative for Northern California
L. J. FLYNN, 544 Market Street, San Francisco (DO 0577)
Advertising Representative for Southern California
A. GUTTMAN, 1925 Wilshire Blvd., Los Angeles (VA 1221)

Subscription prices, \$5.00 (\$6.00 for foreign countries); single copies, 50 cents.

Volumes begin with the first of January and the first of July. Subscriptions may commence at any time.

Change of Address.—Request for change of address should give both the old and the new address. No change in any address on the mailing list will be made until such change is requested by county secretaries or by the member concerned. Communications regarding advertising should be sent to the Secretary-Treasurer of the California Medical Association, Dr. Emma W. Pope, Four Fifty Sutter Building, San Francisco, Calif.

Calif.

Responsibility for Statements and Conclusions in Original Articles.—Authors are responsible for all statements, conclusions and methods of presenting their subjects. These may or may not be in harmony with the views of the editorial staff. It is aimed to permit authors to have as wide latitude as the general policy of the journal and the demands on its space may permit. The right to reduce or reject any article is always reserved.

permit. The right to reduce or reject any article is always reserved. Contributions—Exclusive Publication,—Articles are accepted for publication on condition that they are contributed solely to this journal.

Leaflet Regarding Rules of Publication.—California and Western Medicine has prepared a leaflet explaining its rules regarding publication. This leaflet gives suggestions on the preparation of manuscripts and of illustrations. It is suggested that contributors to this journal write to its office requesting a copy of this leaflet.

# EDITORIALS\*

### DR. EMMA W. POPE RETIRES AS SECRETARY-TREASURER

California Medical Association Loses an Efficient Administrative Officer.—At the last meeting of the Council of the California Medical Association, Dr. Emma W. Pope of San Francisco notified the councilors that she desired to retire from active work as secretary-treasurer. In accepting her resignation, resolutions of appreciation were adopted, thanking her for many years of loyal and efficient service. (See Council minutes, page 201.) To members of the Association, the real executive officer of the organization must always seem embodied in the secretary-treasurer, to whom is entrusted the responsibility for the management of the central headquarters, the arrangements of the annual session scientific programs and numerous details of each year's meetings, as well as many other duties, incident to queries for information and requests for aid which are constantly received from component county societies and members seeking help in the solution of their various problems.

In the performance of her work, in contacting the physicians who have had occasion to visit the central office at Four Fifty Sutter Building in San Francisco, or who have been accustomed to exchange greetings with her at the annual sessions, Doctor Pope built up a very personal relationship with a host of California Medical Association members.

During the period in which the headquarters office has been in charge of Doctor Pope, the work of the Association has been performed in a quiet, gracious and efficient manner. The general officers particularly will miss her, because they have had special opportunities for more often meeting her and thus better knowing of the manner in which she so well fulfilled her responsibilities.

As she lays down this work, therefore, in which, since the year 1923, she has been engaged, Doctor Pope will take with her the heartfelt thanks and good wishes of all officers and members of the California Medical Association and its component county societies.

### DR. FREDERICK C. WARNSHUIS OF MICHIGAN BECOMES THE SECRETARY-TREASURER, AND DIRECTOR OF PUBLIC RELATIONS, OF THE C. M. A.

The Council's Problem in Securing a Successor to Doctor Pope.—"The King is dead, long live the King." So has it always been and so must it ever be. When Doctor Pope requested of the Council its sanction to retire from office, that body was faced with the problem of securing a successor. Section 12 of Article X of the California Medical Association constitution provides that "No person shall be eligible to the office of secretary-treasurer who does not hold the degree of Doctor of Medicine, but membership in this Association [the California Medical Association] shall not be a necessary qualification for the office." This provision was the rule of guidance in seeking for some physician who could efficiently carry on the Association's work as its executive officer. In their quest, the members of the Council took into full consideration the many difficult and unsolved problems which, in recent years, have demanded the earnest attention of organized medicine, with particular reference to California's special needs. It was felt that whoever took up the work should have a background in experience, in aptitude and in capacity that would permit the activities of the Association to go forward without interruption; and, if possible, with even more vigor than in the past. The names of several members of the California profession were first considered, and tentative conversations held with one or more of such colleagues. The Council decided at the same time, however, that it would not limit its search to California physicians, but through a committee would make a survey of possible candidates from medical men who were holding, or had held positions of administrative and executive responsibility in organized medicine in other parts of the United States. This investigation was carried on not only through cor-

<sup>\*</sup> Editorials on subjects of scientific and clinical interest, contributed by members of the California Medical Association, are printed in the Editorial Comments column, which follows.



EMMA W. POPE, M. D. Retiring Secretary-Treasurer

respondence, but by means of personal conferences, made conveniently possible at the Cleveland session of the American Medical Association.

President Toland's Committee Nominates Dr. Frederick C. Warnshuis of Michigan.—The endresult of the search was the submittal at the July Council meeting of a report by President Clarence Toland, who had been appointed chairman of the subcommittee on secretary-treasurer, in which that committee unanimously recommended the election—if his services could be secured—of Dr. Frederick C. Warnshuis of Grand Rapids, Michigan, as Secretary-Treasurer, and Director of Public Relations, of the California Medical Association. The committee's recommendations received the unanimous vote of the members of the Council, and by long-distance telephone Doctor Warnshuis was notified of his election, and his acceptance of the office was received.

The Michigan State Medical Association holds its annual session in September, and because Doctor Warnshuis, as secretary thereof, was responsible for this year's program, and also required opportunity to arrange his personal affairs in Michigan, where he has been in practice for more than thirty years, it was agreed that he should take up the reins of office in California on October 1.

Former and Present Activities of Dr. Frederick C. Warnshuis.—To members of the medical profession who have maintained an active interest in



FREDERICK C. WARNSHUIS, M. D. Incoming Secretary-Treasurer and Director of Department of Public Relations

organized medicine—and this applies to physicians in practically every State in the Union—the name of Warnshuis is very familiar. For, in addition to his many other activities, he has been Speaker of the House of Delegates of the American Medical Association since the year 1921, having been reëlected annually. This fact, alone, may be taken as an index of his great ability and good judgment. Our new secretary-treasurer was born in Alton, Iowa, received his M. D. degree in 1902, and since that year has been in practice in Grand Rapids.

Members of the California Medical Association are naturally interested in this colleague who is to come to the Coast, as a full-time administrative officer, to help our State Association in its work and problems; and because a good understanding is most desirable in taking up duties in a new community or commonwealth, Doctor Warnshuis was persuaded to send to California and Western Medicine some biographical data, which are subjoined to these comments.

A perusal of the long list of official responsibilities which Doctor Warnshuis has had, and the knowledge that these have come to him because of his efficient service and splendid personality, should convince all that the Council has not only made a wise selection, but one which must appeal to the entire membership of the California Medical Association.

Doctor Warnshuis was Chairman of the Committee that Brought in the Michigan Survey.—
Doctor Warnshuis comes to us at a time when

we are weighted down with serious problems. In the March, 1934, California and Western MEDICINE, page 195, were printed some editorial comments on "Michigan's Contribution to the 'Costs of Medical Care,' " suggested by the report, last year, of the Michigan State Medical Society, conceded to be the best State survey that has thus far been made. As then remarked, Doctor Warnshuis was chairman of the committee which made that survey. The California Medical Association Committee of Five, authorized by the House of Delegates at Riverside, will therefore have an able aide in Doctor Warnshuis, as will the Department of Public Relations; Dr. Walter M. Dickie, who was drafted into service when that Department was organized, having resigned.

Without further comment, other than to express upon behalf of the California Medical Association, its component county societies and members, their joint greetings and cordial welcome to Doctor Warnshuis, we print the list of former achievements of our new secretary, hoping and believing that his work, which in Michigan and elsewhere was attended with such success, will bear even greater fruition in his new home on the Pacific Coast.\*

- \*EDITOR'S NOTE .- Through the courtesy of the Editor of the Journal of the Michigan State Medical Society we have received galley proof copy of Doctor Warnshuis' farewell letter which will be printed in the September issue of that publication.
- It may be of interest to members of the California Medical Association, and on that account it is here reprinted. The article was taken from the Society's Activity Department of the Michigan Journal and has the caption, "Secretary's Valedictory." The text follows:

  The following communication was sent to the Council on July 28, 1934, thereby terminating a service of twenty-one and one-half years as Secretary of this Society:
- - B. R. Corbus, M. D., Chairman,
  - Council of the Michigan State Medical Society, Grand Rapids, Michigan.

Dear Doctor Corbus:

- I hereby respectfully tender to you and through you to the Council my resignation as Secretary of the Michigan State Medical Society, effective Sep-tember 15, 1934.
- I shall arrange for an audit of the Society's funds and shall be prepared to transfer the funds and all society records on that date to whomsoever the Council designates.
- It is not easy to terminate a relationship and relinquish an office that I have served for twenty-two years. I admit feelings mingled with regret and sadness. Fortune's vagaries leave me with no other course to pursue.
- I am very grateful and very sincerely appreciative for the confidence and trust reposed in me during these many years. In another communication I shall endeavor to express my gratitude in fuller measure.
- Awaiting the Council's instructions and assuring you I shall be helpful to my successor, I am, Very respectfully,

F. C. WARNSHUIS, Secretary.

This was not an easy step to take. A residency and practice in Michigan extending over a period of thirty-two years yielded many friendships and created many relationships that were dearly prized. To sever them and remove oneself from Michigan's environment gives rise to indescribable emotions. The decision was brought about by the attractive tender from the California Medical Association.

In relinquishing office I desire to express my very sincere appreciation for the trust that was reposed in me during these many years. My quest was not to serve one member, or a small group of members, but the entire membership—the Society as a whole.

The faithful discharge of the duties of office received first consideration. My quest at all times was to conserve and advance the membership and Society's inter-

A Summary of Biographical Data.—The following biographical data will permit members of the California Medical Association to better visualize the scientific, organization and other work to which Doctor Warnshuis has given so much of his time in the past thirty years, and will enable officers of county medical societies to more readily consult him concerning their own problems:

1905—Treasurer of Kent County Medical Society, Grand Rapids, Michigan.

1906-1911—Secretary of Kent County Medical Society, Grand Rapids, Michigan.

1906-1934—Attending surgeon, Butterworth Hospital, Grand Rapids, Michigan, serving at times as vice-chief and chief of staff, and member of staff, Executive Committee of this hospital.

1906-1934—Visiting surgeon, Blodgett Hospital, Grand Rapids, Michigan.

1910-1919-Chief Surgeon, Père Marquette Railroad and during that period, member of American Railways Chief Surgeons' Association.

1912-President of Kent County Medical Society, Grand Rapids, Michigan.

1912-1918—Member of the Michigan State Board of Registration in Medicine.

1913—Charter-Fellow, American College of Surgeons.

1913-1934—Secretary of Michigan State Medical Society. (1913-1929, secretary-editor of the Michigan State Medical Society. In 1929 relieved of editorial duties.)

1913-1934—Business manager, Journal Michigan State Medical Society.

1918—Author of "Principles of Surgical Nursing." W. B. Saunders Company.

1918-Went overseas as chief of the Surgical Service Base Hospital 99, A. E. F., March, 1919, and became commanding officer of Base Hospital No. 99. Returned from France in July, 1919, with the rank of lieutenant-colonel.

1919-1923-District Surgeon for United States Veterans' Bureau.

1919-1927-Colonel in Medical Reserve Corps. Member of the American Legion.

1919-1934-District Surgeon, Grand Trunk Railway. 1921—Elected Speaker of the House of Delegates of the American Medical Association, and reelected

each year since. 1929-1931—Assumed secretaryship of the Michigan State Board of Registration in Medicine for two years, to supervise its reorganization.

1929-1934—Consulting surgeon, United States Public Health Service.

1930-Vice-president of the American Federation of Examining Boards.

1932—President of the Aero-Medical Association of the United States. Now a member of its board of directors.

ests. The records reveal the degree in which that policy was successful.

The citing of achievements and major activities might be justified, I shall leave such narration to others. There is one plea I should like to leave. Remain loyal to your organization, and maintain sustained interest in and support all of the Society's activities. It is your Society and it will be as valuable to you as you make it.

For my successor I bespeak wholehearted coöperating support. Few realize the tremendous amount of detail, labor and energy that the duties of office demand. Few appreciate the work involved or the time demands that devolve upon the Secretary.

Members should recognize these facts. My successor will stand in need of your helpful and considerate assistance, for during the next year his duties are going to be extremely arduous.

I shall maintain a kindly interest in the Society's future. Its future and its activities will receive my best wishes and so—Good-bye.

F. C. WARNSHUIS.

1930—Member, Planning Committee of White House Conference on Child Welfare; original member and president of Grand Rapids Rotary Club for two years, 1913-1915.

1910-1912—Secretary of the Michigan Automobile Association.

Memberships: Kent County Medical Society; Michigan State Medical Society; Fellow of the American Medical Association; Peninsular Club; Highlands Club; collaborating editor of the American Journal of Surgery; associate editor, Bulletin of the American Medical Association; ex-officio member, American Medical Association Board of Trustees.

### A NATUROPATHIC INITIATIVE WILL BE ON THE BALLOT AT THE STATE ELECTION ON NOVEMBER 6

Naturopathic Petition Qualifies—The Chiropractic Petition Does Not.—One of the ten initiative petitions which received more than 110,811 signatures, and which will be on the ballot on November 6, will be the "Naturopathic Act—Initiative." The proposed Chiropractic initiative petition was lacking in some six thousand votes and will not be voted on this year.

\* \* \*

Every Member Should Study the Proposed Initiative Law.—Because it sets up standards of licensure that are woefully out of harmony with modern-day concepts of scientific medicine and public health standards, the prompt and serious attention of all component county societies and members is called to the Naturopathic Initiative, a few of the paragraphs from which are presented on page 213 of this issue. More than 110,000 California citizens have attached their signatures to the lengthy petition, thus making it necessary for the electorate to decide whether it shall be transformed into binding law by vote of the people.

It is not our purpose here to discuss the deplorable features of this new expression of cultist legislation. We can only urge all members of the California Medical Association to read the excerpts to which space is given, and then to draw their own conclusions as to the significance and far-reaching effect of some of the mooted provisions.

\* \* \*

Read Also the Following Critical Comments.— In addition, we ask that every member read what a colleague—who has had an exceptional experience and a broad knowledge of licensure matters—has to say upon the subject. From one of his letters we quote the following:

"This proposed act is evidently modeled after the State Bar Act of California. No act of Legislature can change its provisions. Section 3, paragraph 2, states: 'No law now or hereafter enacted shall in any way qualify, regulate, restrict or prohibit the State Association from fully carrying out and effectuating all of the purposes and provisions herein contained.' The Board of Governors provided in the proposed act are not answerable to any state authority. They will handle their own funds and their own affairs in their own way.

"Read in Section 63 the unlimited license which will be granted thereunder, which license will entitle the holder thereof to 'all rights and privileges of any and all other practicing physicians.'

"Read in Section 2, Subdivision 4, the definition of naturopathy, and then draw your own conclusions as to the varieties of practice which will be permitted under the phrase in Section 41, 'five or more branches of naturopathy.'

"Section 41 indicates that these proposed naturopathic licenses will be easily obtained, because the statement is made therein that any person who is a member of the Naturopathic Association and who has been practicing naturopathy legally or illegally for five years will be eligible for a license for a fee of \$25.

"Section 62, Subdivision (e), indicates an intent to dispense narcotics.

"Section 68 prohibits the State Board of Medical Examiners or any other board or agency from granting a drugless practitioner certificate, i. e., this initiative proposes to repeal that portion of the Medical Practice Act which relates to a 'drugless practitioner.'

"Section 67, which exempts the osteopathic act, conflicts with Section 68, because the osteopathic initiative act created a board of examiners with power to administer provisions of the Medical Practice Act, which includes the granting of drugless practitioner certificates. The proposed initiative will take this function from the Board of Osteopathic Examiners.

"Section 67 also exempts the chiropractic initiative; hence, the Board of Chiropractic Examiners will continue to issue licenses to practice chiropractic. Licentiates of said Board of Chiropractic Examiners will be entitled to qualify for naturopathic certificates under the proposed initiative. Confusion will then arise as to jurisdiction. Should the Board of Chiropractic Examiners revoke its license issued to the holder of these dual licenses, the individual can continue to practice under his naturopathic license, and vice versa.

"The initiative is most conflicting, entirely unnecessary, and will further add to the now existing confusion relative to the practice of the healing art in the State of California."

Laws of Low Standards Are a Reflection on Present-Day Civilization.—After reading the above, and also the excerpts already referred to, it must be evident to every physician who loves his profession, and who is loyal to the standards of scientific medicine, that such a proposed law is an invitation to battle.

If this naturopathic law, among other things, Made obligatory an adequate preliminary education (consisting, say, of a four-year high school and at least one year of full collegiate work, but with no provision for so-called "equivalent training" that can be made to mean nothing, if an examining board so interprets or decrees), and for a thorough four-year course of professional training; and

If this naturopathic expression of so-called drugless healing really limited itself to that type of healing (instead of including "minor surgery," the term "minor surgery" being evasive because of lack of legal limitations); and

If it did not contain other provisions that are little less than absolutely contrary to those fundamental standards which (in order to give proper protection to citizens) all healing-art groups, in the light of present-day scientific knowledge, should faithfully observe;

Then, indeed, it might perhaps be a matter of only ordinary moment, if this proposed act became a law in California.